





# First Generation Doctorate Mentoring+ and First Generation Doctorate e.V. – Two Examples from Cologne

## Hurdles for first-generation academics, based our experience

- Lack of financial resources
- Less access to informal knowledge
- Weaker networks in the scientific community
- Habitus problems and feelings of foreignness



#### First Generation Doctorate e.V.



- Non-profit association founded in 2014 by doctoral candidates in Cologne.
- Has since been supporting doctoral candidates and those interested in doing a doctorate with a nonacademic family background.
- Four key areas of work: free counselling and workshops, regular networking opportunities and university policy engagement for more educational equality.



## First Generation Doctorate Mentoring+



- Mentoring for doctoral and advanced Master's students with a non-academic family background.
- Since 2017, 15 mentees have participated in the programme each year. (In total about 75)
- The programme includes one-to-one mentoring, a mandatory workshop and peer mentoring in small groups.
- All mentors have a doctorate and are also first generation academics.



### Thank you for your attention!

For further information:

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